



MELTON SWIMMING CLUB

MELTON SWIMMING CLUB QUARTERLY NEWSLETTER

July 2023



PRESIDENT'S REPORT

Welcome to the first newsletter of season 2023/24. I would like to say it was an honour to announce all of the achievements of last season at our presentation night two weeks ago. The bar has been set high for 2023/24 and I am sure that everyone will strive to surpass it once again. I know many of you have already made a huge start.

Congratulations on Robert and Manar for being our captains for the new season, if you keep the enthusiasm of the past couple of weeks going all season you are going to have a very successful year.

Good luck to everyone, and don't forget as long as you have fun you are doing the right thing.

Ken Lindner
Club President

MELTON SWIMMING CLUB CALENDAR SEASON 2022/23

DATE	EVENT	TIME	VENUE
6 AUG	MELTON SWIMMING CLUB SC MEET	Warm Up 11:30am	BROADMEADOWS AQUATIC & LEISURE CENTRE
11 AUG	MELTON SWIMMING CLUB ANNUAL GENERAL MEETING	6pm	MELTON WAVES
11 AUG	CLUB NIGHT DISTANCE	6:45PM	MELTON WAVES
12 AUG	EDA WINTER SC MEET		MSAC Indoor
19-20 AUG	VICTORIAN OPEN SHORT COURSE CHAMPIONSHIPS		MSAC Indoor
25 AUG	FOOTY FUN RELAYS	6:45PM	MELTON WAVES
1-3 SEP	VICTORIAN AGE SHORT COURSE CHAMPIONSHIPS		MSAC Indoor
10 SEP	METRO WEST ENCOURAGEMENT & PROFICIENCY MEET		BROADMEADOWS AQUATIC & LEISURE CENTRE
13-16 SEP	AUSTRALIAN SHORT COURSE CHAMPIONSHIPS		SOPAC
6 OCT	CLUB NIGHT AGGREGATE	6:45PM	MELTON WAVES
8 OCT	METRO WEST JUNIOR DISTRICT COMPETITION HEATS	TBA	BROADMEADOWS AQUATIC & LEISURE CENTRE
13 OCT	METRO WEST DISTRICT CHAMPIONSHIPS (DISTANCE)	TBA	BROADMEADOWS AQUATIC & LEISURE CENTRE
15 OCT	METRO WEST DISTRICT CHAMPIONSHIPS	TBA	BROADMEADOWS AQUATIC & LEISURE CENTRE
20 OCT	METRO WEST DISTRICT CHAMPIONSHIPS (DISTANCE)	TBA	BROADMEADOWS AQUATIC & LEISURE CENTRE
22 OCT	METRO WEST DISTRICT CHAMPIONSHIPS	TBA	BROADMEADOWS AQUATIC & LEISURE CENTRE
28 OCT	SV METRO JUNIOR DISTRICT COMPETITION	TBA	MSAC Indoor

SUBJECT TO CHANGE AT THE COMMITTEE AND/OR COACHES DISCRETION

COMMITTEE 2022/2023

EXECUTIVE

PRESIDENT/GRANTS:

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GENERAL ENQUIRIES

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CLUB NEWS

Welcome to season 2023/24. Memberships for the new season are now open in Swim Central. Membership renewal is required before swimmers can enter or compete in any qualifying competition and also before undertaking any club nights or activities. Renewals are due before the end of the month of July for continuous membership. More details on 2023/24 memberships are available in this newsletter.



ANNUAL GENERAL MEETING

The Melton Swimming Club AGM will be held 6pm on Friday 11th August at Melton Waves (prior to Club Night). All members 18 years and over (both swimming & dry) are encouraged to attend. A quorum (minimum number) of members is required to make this meeting valid to ensure the continuation of the Melton Swimming Club. Nominations for the 2023/24 committee are now open. Forms and more details are available on Team App under the "Notice of Annual General Meeting" News item. Nominations must be received no later than Friday 28th July (secretary@meltonswimming.com.au).



CLUB NIGHTS SEASON 2022/23

Our 2023/24 season kicked off with the first Club Night and Aggregate competition on Friday 14th July. This will be followed by our next Club Night and distance events on the 11th August. We finish the month of August with a 'Footy Fun' Relays Night on Friday 25th August. Come to club night in your favourite football or sporting colours and participate in some fun relays.



MELTON SC QUALIFYING MEET Sunday 6th August

The Melton Swimming Club will be hosting their short course qualifying meet at the Broadmeadows Leisure Centre on Sunday 6th August. All registered swimmers will be expected to enter to compete as a team and support the club. Entries are now open in Swim Central and will close at 11:59pm on 29th July. All parents/guardians will be expected to volunteer to help run this meet as there are many roles and duties in hosting a successful qualifying meet. Qualifying times for swimmers would not be possible without the help of all club volunteers.

The Club is also intending to host an Official Time Keepers course prior to the start of the meet. Attendees will be able to complete their qualification by performing their regular time keeping duties throughout the meet. New parents are encouraged to attend this course to officially learn time keeping skills which is a must for all swimmer parents. I would also encourage all parents who regularly perform timekeeping duties at any level (Club, qualifying meets and/or State Championships) to attend this course and be recognised as an Official Timekeeper if you have not previously done so.



2023/24 CLUB MEMBERSHIPS

Club Memberships for season 2023/24 are now available for purchase in Swim Central. All swimmers must renew their memberships in Swim Central prior to competing in any qualifying competition or club nights and activities after 1st July. A reminder that it is mandatory for swimmers under 18 years of age to have at least one parent/guardian also purchase a dry membership. It is a requirement of Swimming Australia to have a person 18 years or older to be an account holder. Discounts are available for the Swimming Victoria component when 3 or more family members are renewed/purchased at the same time in Swim Central. The Melton Swimming Club also offers a refund of \$100 for the 3rd swimmer in each family, which will be reimbursed on application after purchasing in Swim Central. Our 2023/24 membership fees are below. Remember there is also a small credit card transaction fee which will be calculated and added in Swim Central.

Please contact Julie for details or any enquiries.

- 8 and under Club events including Club nights, Club Championships, Presentation night and social events and enter interclub, district and SV/SA competitions \$320.00
- 9 and over who wish to attend Club events including Club nights, Club Championships, Presentation night and social events and enter interclub, district and SV/SA competitions \$350.00
- 9 and over who wish only to enter interclub, district and SV/SA competitions only \$285.00 – NO CLUB EVENTS INCLUDED. Reminder – with this membership you will not be eligible to receive any club night awards.
- Dry member \$15

Any 9 and over member who initially purchases the \$285 membership and then decides to upgrade to attend Club events will be required to pay an additional \$65 directly to the Club regardless of when in the season they upgrade.



CLUB UNIFORM NEW ONLINE ORDERING

The Club will soon launch a new online uniform portal with our uniform supplier XLR8. Current and new uniform items will be available to purchase through a uniform portal on the suppliers website or from a direct link on the Melton Swimming Club website (<https://meltonswimmingclub.com.au>). We are close to finalising all details with the supplier so please watch for notifications on Team App when the portal will be open.





CLUB REMINDERS



PARENT/GUARDIAN DUTIES

I will start by saying it is a shame some swimmers did not receive well deserved awards for last season on Presentation Night due to the fact their parents or guardians did not complete helper duties. As per section 5 of Club By Laws, parents and guardians of swimmers under the age of 18 years are reminded that it is mandatory to assist in the running of Club Nights (at least 50%) or other available fund raising duties. The sport of swimming requires many hands to be able to run events and without parent helpers these events could not go ahead. Qualifying times can not be achieved or club night racing would not be possible without parent helpers. It may also be necessary for parents to help at Swimming Victoria Events. By entering your child in a state qualifying event or junior events you may be required to assist. The nature of these events may mean your child is the only swimmer from our club at that time and you will be expected to help. This will be non negotiable and any fine the club receives for non compliance will be passed onto the swimmer and membership will be suspended until the fine is paid. Apologies to our regular and willing helpers on Club Nights and SV events for this message and thank you for your continued help which is much appreciated.



CLUB PRESENTATION NIGHT



We said goodbye to season 2022/23 with the annual Presentation Night at Tabcorp park on Saturday 8th July. After 4 years the traditional end of season celebration returned to The Legends Room at Tabcorp Park. We celebrated all the season achievements of the Melton Swimming Club members and then danced the night away on the dance floor to some old and not so old favourite tunes. A full list of season 2022/23 award winners will be published soon.

MELTON MASTERS



Memberships for Melton Masters for season 2023 can be purchased in Swim Central. The Masters season runs for each calendar year beginning in January. Please contact Julie Walsh for any queries regarding Masters Membership. Squad training is available at Melton Waves for masters swimmers called SwimFit. There are 2 sessions per week on Tuesday & Thursday evenings 7-8pm. Cost is approximately \$39 per fortnight and allows entry to the aquatic facilities at anytime. Please contact Melton Waves for more details or to sign up for the SwimFit squad sessions.



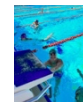
AUSTRALIAN NATIONAL CHAMPIONSHIPS



Congratulations to our swimmers at the Australian Age Championships and Australian Championships on the Gold Coast in April. The Australian Age and Open Championships are a great way to finish a busy long course season and a great reward for our National swimmers to celebrate their achievements from the season and compete against Australia's best.

Well done **Peter Berens, Mitchell Davies, Yuan Lachama, Layla Mahfouz, Nilay Sarman and Manar Mahfouz.**

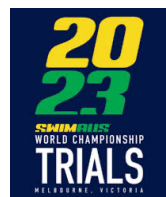
Special mention and congratulations to Mitchell Davies (Boys 15 years 100m Breaststroke) and Manar Mafouz (Womens 50m Butterfly) qualifying and swimming in their respective B Finals.



2023 MSA National LC Championships
18th – 22nd April
Hobart, Tasmania

Selin Kasif represented the Melton Masters Swimming Club at the 2023 Masters National Championships at the Doone Kennedy Hobart Aquatic Centre last April. Selin competed in 10 events over the 5 days with her best results in the 50m Butterfly and 200m Backstroke taking out 3rd place in both events. A huge congratulations and well done on competing against Australia's best Masters swimmers.

The 2024 Masters National Championships are scheduled to take place in Darwin next May. We would love to see some team mates travel with Selin to the next Championships.



The World Championship Swimming Trials were recently held in Melbourne at MSAC in June. Congratulations to Manar Mahfouz qualifying and competing against Australia's best swimmers in the Women's 50m Butterfly.



METRO WEST DISTRICT AWARDS NIGHT



The Annual Metro West District Awards were held on Saturday evening 24th June at the Laverton Bowling Club. Once again the Melton Swimming Club showed their strength in the District winning multiple individual swimmer and recognition awards. The Club also took home the Overall Club Championship trophy along with the Women’s Championship and the Men taking 3rd place. Special mention and congratulations to Coach Robert Neilson who was honoured with Life Membership of the Metro West District.

Congratulations:

- Taylor Miller – Girls 11 year old Champion
- Chloe Burke – Girls 13 year old Champion
- Peter Berens – Boys 14 year old Champion
- Layla Mahfouz – Girls 16 year old Champion, Women’s 400m Freestyle Champion and Women’s 800m Freestyle Champion
- Manar Mahfouz – Womens 18 years & over Champion, Open 200m Champion, Women’s 1500m Freestyle Champion and the Margaret Arnold Award (Best 13 years & over female swimmer at District, State & National Championships)
- Martin Nguyen – Outstanding Contribution to the District Award
- Robert Neilson – Life Member

Pat Robinson Shield (Female Open Medley Relay – Aleesha Brownbill, Manar Mahfouz, Layla Mahfouz & Tori Clare)

District Grants were also awarded to our State Finalists & medallists and National Qualifiers.

5 Year Service Awards – Aleesha Brownbill, Tori Clare, Joshua Djie-Spiteri, Lynette General, Yuan Lachama, Imogen Lidgett-Egan, Robert Miklosevic & Taylor Miller

10 Year Service Awards – Kayla Jones & Manar Mahfouz



CLUB PAIRS NIGHT

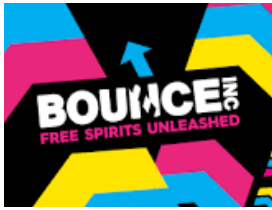


The ever popular Club Pairs Night was once again the favourite club night for the season. Last season saw the addition of a dress up as a “pair” with a prize up for grabs for the best dressed pair. It was great to see so much effort and thought go into the costumes. It was a tough decision for the judges and you all deserved a prize. However after much deliberation Pacman & Blinky (AKA Ella & Aleesha) were declared the eventual winners.



Our swimmers then paired up to compete against one another in a backstroke & breaststroke handicap relay format. Each round was a knock out for several teams until 4 teams were left in the final round. As always in a handicap race it was a close finish with Nea & Halaena claiming 1st Place, Scarlet & Taylor 2nd place, Tori & James 3rd Place and Peter & Noah 4th place. Well done to all our pairs teams and start planning those costumes for next year.





During the school holidays, as a team, Melton Swimming Club headed to Bounce to have some jumping fun. We all gathered and geared up

ready in our grippy socks, excited to bounce around together on the trampoline playground. It was impressive to see the talent we had many of us attempting various flips and tricks, thankfully which no one hurt themselves. Some started off tame just bouncing around having fun while others went all in, diving headfirst into the foam pit, quite literally. It was great to see the competitiveness of our swimmers didn't just stop at the pool but on the dodgeball court as well. All members joined in from youngest to oldest eager to get in a shot at whoever stepped foot over to the opposing side. Overall, the day was an awesome bonding experience, during and in between the races and competition. It was exciting to see everyone laughing both at and with each other throughout the day. Thank you to everyone who came along to our bounce day, it was lots of fun and hope you enjoyed it too!

By Kayla J



2022/23 CLUB CAPTAINS

A big thank you to our season 2022/23 Club Captains, Martin Nguyen and Kayla Jones. You both did an amazing job and we hope you enjoyed continuing to grow your leadership qualities over the past year and had some fun along the way. We hear from them one last time as club captains and look forward to hearing from our new leaders for the coming season in the next newsletter.

"To say this past season has simply been great is a huge understatement. These last 12 months have been action-packed for our club, coaches, parents and swimmers alike. Reflecting on the past season, there were so many great milestones and achievements. Sending a plethora of our swimmers to Long Course State Champs, Short Course State Champs, Sprint State Champs, Masters Nationals, Open Nationals, Age Nationals, Team Vic School Sports, All Juniors and many more events. Of course, many of these amazing results could not be achieved without the support, drive and encouragement from various people. Firstly, our committee, who we could not have achieved anything without. We rely on your dedication to this sport to make the whole thing happen, so we truly thank you for and appreciate the countless hours of work put in both on pool deck and behind the scenes. To Rob and Nikki, who pull every ounce of motivation and drive out to see us achieve our absolute best, we thank you. You both don't have an easy role, yet day after day, you manage to never fail to bring the best out of all of us and make sure we have fun while doing it. To our uprising coaches, Brodie and Nathan, I'm sure our junior swimmers are thrilled to experience a new perspective on things and have someone pass on our Melton spirit. To our jack of all trades and master of literally everything, the parents, we thank you. Without you, none of us would be able to do what we love as swimmers. And finally to our swimmers, the people who make training sessions bearable and after-training showers memorable. None of this would've turned out the way it has without you all. You each bring something unique to our club to make it the amazing club it is. We're so proud of you guys, seeing you all support each other and just evolve into amazing people both in and out of the pool. Being leaders, we got to take a step back and see the joy and memories being made right in our club and see the team spirit in its truest form. For us it has been a rewarding achievement and I'm nothing short of proud and honoured to have been able to serve our Club community. We thank you all for being a part of Melton Swimming Club and we cannot wait to see you push yourself to the extreme in the next season and what lies ahead."

- Martin and Kayla

